

OLLI at SBU: SPRING 2020 SCHEDULE, Catalog Version

Workshop Title: **Mysteries of Human Evolution**

Workshop Description: This workshop will be focused on the what and why of human evolution from a scientific perspective. Explained will be the reasons we look, think, and behave the way we do from an evolutionary perspective. Will also cover the principles and rules that drive evolution and examine popular questions such as: Why we walk upright, why our brains became so large, and why we lost our body hair. Other mysteries to be explained include why women have higher voices than men and why we like music.

Workshop Leader: Larry Wilson

Day: Monday

Time: 1:45PM - 3:00PM

Location: Social and Behavioral Sciences, Room SBS N119

Workshop Title: **New York Times Science Seminar**

Workshop Description: This is a collaborative workshop where members take turns each week leading the discussions. Our guide is the New York Times Science section published every Tuesday. Volunteers introduce the articles, and tell why the article is important. The class continues the discussion from this point. We also share and discuss significant articles from other sources.

Workshop Leader: Bonnie Marks

Day: Monday

Time: 1:45PM - 3:00PM

Location: Student Activities Center, Room SAC 303

Workshop Title: **Topics in British History**

Workshop Description: Using videos and discussion, we will look at various topics drawn from the vast history of the British isles. Most recently, we have considered Stonehenge, the British railways in the Edwardian age, and the English Civil War.

Workshop Leader: David Gable

Day: Monday

Time: 1:45PM - 3:00PM

Location: Wang Center, Room Wang Lecture Hall 1

Workshop Title: **Vergil's Aeneid, Part II**

Workshop Description: This workshop will continue the reading and discussion of Vergil's Aeneid, Latin's greater epic and one of the foundational texts of Western literature. We will focus on the 2nd (or Iliadic) half of the book, progressing slowly in order to assess the full impact of the work and enjoy the artistry and human understanding that Vergil contributed to the book. We will be using the Sarah Ruden translation.

Workshop Leader: Thomas Hayes

Day: Monday

Time: 1:45PM - 3:00PM

Location: Social and Behavioral Sciences, Room SBS N112

Workshop Title: **Watercolor for Beginners**

Workshop Description: Watercolor for Beginners offers instruction in the basic techniques of watercolor as well as information on the selection of paints, paper, brushes and other tools. Techniques such as applying multiple glazes, wet-into-wet and masking will be demonstrated. We will also explore basic color theory and composition. In addition, the class will be introduced to many of the "greats" of watercolor, e.g., Winslow Homer, John Singer Sargent, Beatrix Potter and Charles Demuth. The goal is to awaken the artist in and sharpen the eye of each participant.

Workshop Leader: Paula Pelletier

Day: Monday

Time: 1:45PM - 4:45PM

Location: Social and Behavioral Sciences, Room SBS S104

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Workshop Title: **CPR**

Workshop Description: Cardiopulmonary resuscitation (CPR) is a life-saving process that members can learn in CPR. This workshop will prepare individuals to deliver timed compressions to an adult and child's chest cavity when that individual is in cardiac arrest

Members have the option to purchase a CPR certification card at the completion of the workshop for \$25.

Workshop Leader: Peter Thomson

Day: Monday

Time: 3:30PM - 6:00PM

Location: Wang Center, Room 201

Workshop Title: **Ici On Parle Francais**

Workshop Description: This workshop is for those with a basic knowledge of French. Members will engage in a variety of activities designed to develop listening, speaking, reading and writing skills. However, the stress is on conversation. Along the way, members will increase their vocabulary, learn more grammar, and develop an appreciation of French culture. Our goal is to develop fluency as well as have some fun.

Workshop Leader: Catherine McDonnell

Day: Monday

Time: 8:30AM - 9:45AM

Location: Social and Behavioral Sciences, Room SBS S109

Workshop Title: **How Chance Distorts Our Thinking**

Workshop Description: How to interpret the abundance of often misleading data and dubious claims one finds in the media, such as polls, finance, medicine and Pharma, sports, and the like, and the role of chance and uncertainty in undermining our understanding. Based on current events and newspaper articles. Examples are polling and margin of error, significance testing in medicine and Pharma, false positives, a coincidences, really?, too little data or too much data, 'hot hands' phenomena in sports and finance, the case of small schools (hospitals) versus large, cognitive illusions, the monty hall problem, is OJ Simpson guilty?

Workshop Leader: Edward Beltrami

Day: Monday

Time: 8:30AM - 9:45AM

Location: Social and Behavioral Sciences, Room SBS N119

Workshop Title: **Nature Photography: Hiking, Kayaking, and Exploring Long Island**

Workshop Description: We will explore all new locations in Long Island for nature photography. We will share experiences with both photographing and our favorite nature preserves and locations. Whether you use a phone camera, a DSLR or any other kind of camera you can contribute to our group. We will share what we like to shoot and what we have discovered on our way. We will let you know about many hidden gems in our own backyard and beyond. We look forward to welcoming you.

Workshop Leader: Susan Steinmann

Day: Monday

Time: 8:30AM - 9:45AM

Location: Social and Behavioral Sciences, Room SBS S104

Workshop Title: **Current Events in Israel**

Workshop Description: Israel is the Nation State of the Jewish people. Established in 1948 it is the only democracy in the Middle East. News from Israel are frequent and of interest to all who care about the future of the Jewish people.

Workshop Leader: Robert Weiss

Day: Monday

Time: 8:30AM - 9:45AM

Location: Social and Behavioral Sciences, Room SBS S102

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Workshop Title: **A Celebration of Rock and Soul Music**

Workshop Description: In this course we will enjoy DVDS of Rock and Soul Music's greatest artists and groups. We will view some of their finest contributions. Also, we will explore their early, formative years to better understand how they developed their musical craft. Our class will be interactive. Class participation is most welcome. Your thoughts and experiences about this era add to our appreciation of the music. I hope to have one or two guest speakers to lend their expertise about the artists we follow.

Workshop Leader: Robert Hayes

Day: Monday

Time: 10:15AM - 11:30AM

Location: Social and Behavioral Sciences, Room SBS N119

Workshop Title: **American Plays**

Workshop Description: We read great American Plays in class, discuss them, learn about the playwrights, watch relevant videos and discuss current events in the theater world. Members of the workshop purchase the scripts. We will be reading Pulitzer Prize winning *Ruined* by Lynn Nottage, *Clybourne Park* by Bruce Norris and *Dividing the Estate* by Horton Foote.

Workshop Leader: Irma Gurman

Day: Monday

Time: 10:15AM - 11:30AM

Location: Wang Center, Room Wang Lecture Hall 1

Workshop Title: **Conversational French**

Workshop Description: This workshop is for those who have an excellent knowledge of the language and wish to increase their fluency, or for those seeking an opportunity to simply converse with fellow francophones. The course is conducted almost entirely in French. We engage in a variety of activities to expand our vocabulary, to review grammar, and to converse. We read and discuss excerpts from French Literature and articles from the internet on aspects of French culture and history. Alors, venez, apprenez, et amusez -vous bien!

Workshop Leader: Catherine McDonnell

Day: Monday

Time: 10:15AM - 11:30AM

Location: Social and Behavioral Sciences, Room SBS S109

Workshop Title: **History of the Holocaust**

Workshop Description: The Holocaust was the most gruesome genocide carried out against the Jewish people by Nazi Germany. It is important to understand how such a crime against humanity could happen in the 20th century.

Workshop Leader: Robert Weiss

Day: Monday

Time: 10:15AM - 11:30AM

Location: Social and Behavioral Sciences, Room SBS S102

Workshop Title: **Italian For Fun Semester IX**

Workshop Description: We will continue to explore the Italian language and culture. Based on previous lessons, we will focus on active conversational Italian through the use of current events and cultural topics. Relevant vocabulary and grammar will be presented in a "flip lesson" format to encourage student participation.

Workshop Leader: Judith D'Onofrio

Day: Monday

Time: 10:15AM - 11:30AM

Location: Social and Behavioral Sciences, Room SBS N112

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Workshop Title: **One-Hundred Classic Poems**

Workshop Description: This workshop is a continuation from the fall semester's. It consists of a blend of traditional poetry and modern poems, the latter chosen by the leader for hand-outs. Class participation is encouraged. Distinguishing between the values of metered and free verse is always an underlying theme. The text for the course brilliantly edited by William Harmon from Columbia University is "The Classic Hundred Poems" It's available online, new and used. The course requires the second edition.

Workshop Leader: Daniel Daly

Day: Monday

Time: 10:15AM - 11:30AM

Location: Student Activities Center, Room SAC 302

Workshop Title: **On1 2019 Monday**

Workshop Description: In this workshop, you will be developing the skills needed to enhance your photos and make them stand out from the crowd using ON1 Photo Raw 2019. We will use it as a complete standalone photo-editor application, although it can also be a plugin to Photoshop or Lightroom. This will be the second term of a two semester workshop and will continue the subject. Attendees will be utilizing desktop computers for hands-on experience.

This workshop will be 1 hr 45 min with only 15 min before and after between other classes (11:45 am - 1:30 pm).

Workshop Leader: Robert Oliva

Day: Monday

Time: 11:45AM - 1:30PM

Location: Social and Behavioral Sciences, Room SBS N123

Workshop Title: **History through Literature**

Workshop Description: History has always been a good source for novels. This workshop will focus on 6 works of historical fiction. We aim to choose novels covering historical figures, diverse cultures and varying eras in history. Books under consideration are: Varnia by Charles Frazier, The Nickel Boys by Colson Whitehead, The Cloister by James Carroll, The Alice Network by Kate Quinn, Snow Falling on Cedar by David Guterson, and The Island of Sea Women by Lisa See.

Workshop Leader: Donna Gardner

Day: Monday

Time: 12:00PM - 1:15PM

Location: Social and Behavioral Sciences, Room SBS N119

Workshop Title: **Opera! Opera! Opera!**

Workshop Description: Using videos of performances from the great opera houses of the world, we will be looking for ways to better appreciate this great art form. No previous experience in opera is required.

Workshop Leader: David Gable

Day: Monday

Time: 12:00PM - 1:15PM

Location: Wang Center, Room Wang Lecture Hall 1

Workshop Title: **Don't Believe Everything You Think**

Workshop Description: How do we know what we know? And, why do we think what we think?

This workshop will certainly not be able to answer those questions.

So, we'll probably move on to other subjects.

I mean, after all.

This workshop is particularly suited.

Workshop Leader: Bruce Stasiuk

Day: Monday

Time: 12:00PM - 1:15PM

Location: Wang Center, Room 201

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Workshop Title: **Photography Before Photoshop, Part II**

Workshop Description: This is Part Two of a basic course in the fundamentals of photography from smartphones to digital single lens reflexes. The purpose of the course is to understand how to use digital cameras. While Part One of the course emphasized the technical aspects of photography, Part Two will cover more of the techniques used in photography. This includes using artificial light, color and black and white photography, printing, scanning, mounting and framing, and a review of photography software. While it is not necessary to have taken Part One of this course, the photographer should be familiar with the basic controls of the camera and the various exposure settings.

Workshop Leader: Frank De Rubeis

Day: Monday

Time: 12:00PM - 1:15PM

Location: Social and Behavioral Sciences, Room SBS S104

Workshop Title: **Latin Semester II**

Workshop Description: This a continuation of the fall Latin workshop. Materials will be posted on the workshop website as needed. We are still at an introductory level so someone with just a little Latin could feel comfortable to join in.

Workshop Leader: Thomas Hayes

Day: Monday

Time: 12:00PM - 1:15PM

Location: Social and Behavioral Sciences, Room SBS N112

Workshop Title: **Modern Folk**

Workshop Description: We will be listening to and discussing the meaning of songs by modern folk music artists (Joni Mitchell, James Taylor, Richard Shindell, Antje Duvekot, Dave Carter, etc.). Workshop participants will have the opportunity to share their favorite songs and artists with the class.

Workshop Leader: Brian Wade

Day: Monday

Time: 12:00PM - 1:15PM

Location: Social and Behavioral Sciences, Room SBS S102

Workshop Title: **Duplicate Bridge**

Workshop Description: The spring semester of our duplicate bridge workshop will continue to focus on various aspects of defense. We will use a series of Larry Cohen questions to discuss and review these topics.

Everyone is expected to play the 2/1 system (including 1NT forcing) along with the various conventions that have been covered in previous semesters. Duplicate play will follow each of the lessons.

Workshop Leader: Arnold Fox

Day: Tuesday

Time: 1:00PM - 4:00PM

Location: Setauket Neighborhood House, Room Neighborhood House RM 1

Workshop Title: **Seinfeld Revisited**

Workshop Description: "Seinfeld" was the 90's comedy hit sensation loved by millions of fans then and now.

But, were you aware what was really going on behind those memorable scenes? Seinfeld's "Fabulous Four" was perhaps sitcom's greatest and most beloved ensemble. Nothing was too mundane for that incredible collection of characters to obsess about. We'll allow Jerry, Elaine, George and Kramer to share the reasons for their irrational behavior. Cast interviews, standup performances, bloopers, writer insights, and newly added you tubes will give you a greater appreciation into what truly wasn't just a show about nothing.

Join us on a decade-long journey with Larry David, Jerry, the cast plus clips from your favorite episodes

Workshop Leader: Jeff Hollander

Day: Tuesday

Time: 1:45PM - 3:15PM

Location: Hilton Inn Garden Inn, Stony Brook, Room Ballroom

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Workshop Title: **Am I My Father's Son? - Tuesday**

Workshop Description: The objective of "Am I My Father's Son?" is men sharing their feelings about personal experiences with family, friends, work and other matters that generate significant feelings affecting men, sometimes either good or bad. The experiences are chosen by the workshop members. Participants are expected to be non-judgmental and supportive. Each member is considered an equal participant in a non-threatening environment. Members take turns as moderator. This workshop is designed explicitly for men but, as with all workshops of the Osher Lifelong Learning Institute (OLLI) at Stony Brook University, it is open to all members

Workshop Leader: Kenneth Buxbaum

Day: Tuesday

Time: 1:45PM - 3:15PM

Location: Hilton Inn Garden Inn, Stony Brook, Room Library Room

Workshop Title: **Wellness and Aging**

Workshop Description: This is a continuation of a workshop that has been given before. Topics related to Aging, Nutrition, Physical Activity, Mental Activity, and Stress reduction will be presented using material from the Great Course and the internet. Guest speakers will also be invited to present to the workshop.

Workshop Leader: Lou Donofrio

Day: Tuesday

Time: 8:30AM - 10:00AM

Location: Hilton Inn Garden Inn, Stony Brook, Room Ballroom

Workshop Title: **OLLI Walking Club**

Workshop Description: The OLLI walking club encourages members to make walking fun! Walk to increase your current amount of physical activity or just to have fun with members of OLLI at SBU.

Workshop Leader: Mary Hance

Day: Tuesday

Time: 9:00AM - 10:00AM

Location: Port Jefferson Village Center, Room Upper Level Walking Loop

Workshop Title: **OLLI Recreational Activity: Intermediate Tennis**

Workshop Description: Our Intermediate Tennis Program is for players with some prior playing experience. Focuses on better contact point, improving swing path, and more control. We also begin to teach positioning for singles and doubles.

Workshop Leader: Staff Pro PJCC Director of Tennis

Day: Tuesday

Time: 10:00AM - 12:00PM

Location: Kip Lee Park, Room Tennis Courts

Workshop Title: **Business of Sports**

Workshop Description: Our NY Metro Area's 9 major sports teams are cherished and supported by millions of fans. That being said, do they reward us with enough wins and championships?

Join an energetic group of "sports experts" as we dissect each team's owners, management, players & their salaries, admission and concession prices and anything else we can complain about. We never run out of topics. This semester we'll review the Super Bowl, preview March Madness, note progress of the NEW Knicks, Nets, Rangers and Islanders plus SBU's teams, baseball's Spring Training & and the '20 Olympics.

You'll again get up close and personal with Newsday writers, SBU coaches plus other top sports experts.

Expect more great vintage films to better appreciate the legends. If you truly have a passion for sports, join us!

Workshop Leader: Jeff Hollander

Day: Tuesday

Time: 10:15AM - 11:45AM

Location: Hilton Inn Garden Inn, Stony Brook, Room Ballroom

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Workshop Title: **Yoga101**

Workshop Description: Yoga 101 welcomes all including those who are new or have little experience with yoga. We will focus on the basics of yoga at a pace that is not overwhelming and in an environment that is safe, welcoming and non-judgemental. Students will be introduced to yoga postures through step-by-step verbal description and demonstration. Emphasis is placed on student understanding, safety, and stability. Yoga mats are required. Props such as yoga blocks and straps are encouraged. Students should wear comfortable clothing.

Workshop Leader: Denise Teague

Day: Tuesday

Time: 10:30AM - 11:30AM

Location: Port Jefferson Village Center, Room Skip Jack Room

Workshop Title: **Op-Ed Tuesday**

Workshop Description: Op-Ed provides the opportunity for you to join in discussions of the political, social and economic issues currently affecting our lives. Each week three different volunteers bring in newspaper, internet or magazine opinion articles that would make for a lively discussion by members with differing points of view. While every volunteer has the opportunity to comment first or last on their own article, they may want to sit and listen as everyone gets a chance, face-to-face, to voice his or her opinion on the subject.

Workshop Leader: Kenneth Buxbaum

Day: Tuesday

Time: 12:00PM - 1:30PM

Location: Hilton Inn Garden Inn, Stony Brook, Room Ballroom

Workshop Title: **OLLI Recreational Activity: Beginner Golf**

Workshop Description: Members who have little to no experience when it comes to golf are encouraged to join this OLLI Beginner Golf Workshop. This 4 week workshop with a maximum of 4 members per section, will teach you the basic skills one needs to play golf. Grip, stance, full swing, putting, chipping, irons, drivers, etiquette and rules. This workshop will consist of in the classroom and on the green learning and experiences. Participants will be able to put the skills they've learned to good use at the beautiful Port Jefferson Country Club. Members who register for this workshop do not have to bring their own golf clubs, they will be provided.

Workshop Leader: Staff Pro PJCC Director of Golf

Day: Tuesday

Time: 2:00PM - 4:00PM

Location: Port Jefferson Country Club, Room Country Club, Golf Course

Workshop Title: **OLLI Recreational Activity: Intermediate Golf**

Workshop Description: Members who have moderate experience when it comes to golf are encouraged to join this OLLI Intermediate Golf Workshop. This 4 week workshop with a maximum of 4 members per section, will elaborate on the basic skills one needs to play golf. Grip, stance, full swing, putting, chipping, irons, drivers, etiquette and rules. This workshop will consist of in the classroom and on the green learning and experiences. Participants will be able to put the skills they've learned to good use at the beautiful Port Jefferson Country Club. Members who register for this workshop do not have to bring their own golf clubs, they will be provided.

Workshop Leader: Staff Pro PJCC Director of Golf

Day: Tuesday

Time: 4:00PM - 6:00PM

Location: Port Jefferson Country Club, Room Country Club, Golf Course

Workshop Title: **Beginning Bridge**

Workshop Description: Beginning class to teach the basics of bridge to people who have never played bridge before, or people who have played many years ago and would like a refresher - from the beginning. There will be no conventions introduced this semester - just basics.

Workshop Leader: Linda Good

Day: Tuesday

Time: 12:45PM - 3:15PM

Location: Port Jefferson Village Center, Room Harbor Cove

Updated On: Wednesday, December 18, 2019

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Workshop Title: **The Four Foremothers: Sarah, Rebekah, Leah, and Rachel**

Workshop Description: The Hebrew Bible, edited at the end of the First Century of the Common Era, was the product of a patriarchal society and was probably written by men. Although the Four Matriarchs are sometimes overshadowed by the Three Patriarchs Abraham, Isaac, and Jacob each one is a fascinating person and has her own distinctive story. We will be reading from and discussing the Biblical account of their lives, ancient legends, and modern interpretations.

Workshop Leader: Stephen Karol

Day: Tuesday

Time: 3:30PM - 5:00PM

Location: Hilton Inn Garden Inn, Stony Brook, Room Ballroom

Workshop Title: **Topics in Philosophy**

Workshop Description: We will examine various issues in bioethics, such as euthanasia, abortion, artificial means of reproduction, and animal experimentation. Classical and contemporary theories of ethics will provide frameworks for discussion.

Workshop Leader: Natika Newton

Day: Wednesday

Time: 1:45PM - 3:00PM

Location: Social and Behavioral Sciences, Room SBS S104

Workshop Title: **Victorian Novels**

Workshop Description: The Victorian age was marked by contending forces and ideas, scientific discovery, evangelical ardor and morality, social injustice, rampant industrial laissez-faire abuses, and idiosyncratic vestiges of Romanticism. The novelists we shall read reveal, through their conflicted characters, the hypocrisy and turbulence of the time.

Workshop Leader: Carl Siegel

Day: Wednesday

Time: 1:45PM - 3:00PM

Location: Social and Behavioral Sciences, Room SBS S102

Workshop Title: **American Foreign Policy**

Workshop Description: This workshop will present the 2020 Great Decisions Program, America's largest discussion program on world affairs. The program model involves reading Great Decisions briefing materials, watching a DVD, and discussing the most critical global issues facing America today. Those issues will include Climate Change and the Global Order, Red Sea Security, Artificial Intelligence, and India and Pakistan.

Workshop Leader: Martin Levinson

Day: Wednesday

Time: 1:45PM - 3:00PM

Location: Wang Center, Room Wang Lecture Hall 2

Workshop Title: **SBU Technology**

Workshop Description: Join Us as we discover the wonders of all things Stony Brook Technology. This workshop is helpful for all members including workshop in the topics of SOLAR, NETID SBU Email Campus CE & More.

Workshop Leader: Breanne Delligatti

Day: Wednesday

Time: 1:45PM - 3:00PM

Location: Social and Behavioral Sciences, Room SBS N119

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Workshop Title: **Socrates**

Workshop Description: Who was Socrates and what were his philosophical beliefs and values? Since he never wrote a single word we must rely on his follower Plato's dialogues, in which Socrates is the principal interlocutor, in search of answers to our questions. To this end, we will read and discuss three early dialogues that focus on the acquisition of "...knowledge and understanding of life and its values that he [Socrates] thought was the very basis of the good life and of philosophy, to him a moral as well as an intellectual pursuit." (Grube) In addition to philosophical content we will examine the literary and dramatic quality of the dialogues. REQUIRES TEXT: Plato, FIVE DIALOGUES, trans. G.M.A. Grube, (Hackett Publishing Co., 1981) paperback

Workshop Leader: Richard Hart

Day: Wednesday

Time: 1:45PM - 3:00PM

Location: Social and Behavioral Sciences, Room SBS N112

Workshop Title: **Literature of India in English Translation**

Workshop Description: From the ancient and the classical to the modern, literature of India spans nearly 4,000 years. It consists of some of the world's oldest and longest literary creations, in many languages. This workshop will introduce the members to some of these literary works through short excerpts and visual media. The members will also read, in English translation, examples of fiction and poetry. It is expected that members will come prepared to discuss what they have read. The members are also expected to get their own copies of the novels (about 3); most other shorter reading material will be made available, courtesy the OLLI office.

Workshop Leader: Narayan Hegde

Day: Wednesday

Time: 3:30PM - 4:45PM

Location: Social and Behavioral Sciences, Room SBS S104

Workshop Title: **Liberalism, Conservatism, Socialism: What do these words mean? And where do they come from?**

Workshop Description: This workshop focuses on the main European thinkers and writers-Hobbes, Locke, Mill, Burke, Marx, among them-who developed the ideas and arguments that play so large a part in our politics today, including such questions as, "Where do rights come from?" "What makes something a right?" "How much authority and power should a government have?" and "What makes some acts just and other acts unjust?"

Workshop Leader: Frank Myers

Day: Wednesday

Time: 3:30PM - 4:45PM

Location: Social and Behavioral Sciences, Room SBS S102

Workshop Title: **The History & Evolution of the Financial Markets**

Workshop Description: This course explores the history of the various markets that comprise today's financial industry including stocks, mutual funds, exchange traded funds (etf's), bonds, commodities, real estate and insurance markets.

Workshop Leader: Thomas Scuccimarra

Day: Wednesday

Time: 3:30PM - 4:45PM

Location: Social and Behavioral Sciences, Room SBS N119

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Workshop Title: **Food, Science, and the Human Body, Part III**

Workshop Description: Human evolution and the rise of civilization is intimately linked to the evolution of our diet. We are the only animals that cook and this discovery has helped make us human. In this Great Courses video series in association with National Geographic, Prof. Alyssa Crittenden provides insights into both food history and nutrition to explain why we eat what we eat. In Part III of this 3 part series we will begin with the coevolution of genes and diet and end with the future of food. Each video is 30 minutes long which leaves plenty of time for class discussion.

Workshop Leader: Peter Akras

Day: Wednesday

Time: 8:30AM - 9:45AM

Location: Social and Behavioral Sciences, Room SBS S102

Workshop Title: **Great Figures of the New Testament**

Workshop Description: Great Figures in the New Testament and their relevance today. Our guest lecturer via DVD will be Prof. Amy Jill Levine.

Workshop Leader: Marianne Mione

Day: Wednesday

Time: 8:30AM - 9:45AM

Location: Social and Behavioral Sciences, Room SBS S104

Workshop Title: **OLLI Recreational Activity: Sur La Table**

Workshop Description: Celebration of New Orleans: Who knew Big Easy cooking could be so easy? We'll cover all the essentials for bringing the flavors of New Orleans home-from creating a roux and cooking grains to handling and cooking shellfish. Plus, you'll practice flambeing to create the quintessential French Quarter dessert. Menu: Chicken and Andouille Sausage Gumbo, Classic Shrimp and Grits & Old School Bananas Foster.

Workshop Leader: Sur La Table Chefs

Day: Wednesday - February 19, 2020

Time: 10:00AM - 12:30PM

Location: Sur La Table, Room Sur La Table Classroom

Workshop Title: **Am I My Father's Son? - Wednesday**

Workshop Description: The objective of this workshop is to share experiences and feelings on topics that generally affect men. Members take turns in choosing topics for discussion. All are encouraged to participate and be supportive in a non-judgmental manner. This workshop is designed explicitly for men but as with all OLLI workshops it is open to all.

Workshop Leader: Peter Akras

Day: Wednesday

Time: 10:15AM - 11:30AM

Location: Social and Behavioral Sciences, Room SBS N114B

Workshop Title: **Poetry Out Loud**

Workshop Description: We will continue to explore the beauty and power of poetry through the discussion of poems presented by members of the workshop. This collaborative effort encourages participants to introduce their favorite poets, poems and any poetry-related material to the group.

Workshop Leader: Florence Mondry

Day: Wednesday

Time: 10:15AM - 11:30AM

Location: Social and Behavioral Sciences, Room SBS S102

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Workshop Title: **Tragic Theater**

Workshop Description: This semester we'll focus on a few of Shakespeare's lighter plays: The Merchant of Venice, Measure for Measure and one other. Although they are sometimes referred to as comedies, we'll see that they often have serious intent. We'll read the plays, discuss them and view a performance of each.

Workshop Leader: Arthur Bernstein

Day: Wednesday

Time: 10:15AM - 11:30AM

Location: Social and Behavioral Sciences, Room SBS S104

Workshop Title: **Iconic Musical Artists**

Workshop Description: This workshop will highlight the lives, music and careers of the following artists: Elton John, Tony Bennett, The Bee Gees, Girl Groups of the 1960's and Brazilian Bossa Nova. You-tube videos will be utilized, along with biographical and career highlights. The goal of our workshop is to provide an informative and enjoyable musical experience.

Workshop Leader: Gary Field

Day: Wednesday

Time: 10:15AM - 11:30AM

Location: Wang Center, Room Wang Lecture Hall 2

Workshop Title: **A Sampling of African American Literature: 2010-2020**

Workshop Description: This past decade has seen an abundance of literary riches from African American writers. During our time together, we will read, discuss, and see interviews with some of our best contemporary black authors. We will discover books in a variety of genres such as Toni Morrison's haunting final novel, "Home," Ernest P. Gaines recent novella "The Tragedy of Brady Sims," Ta-Nahesi Coates National Book Award Winner, "Between the World and Me," and the latest from the beloved mystery writer, Walter Mosley, "John Woman."

Workshop Leader: Michael LoMonico

Day: Wednesday

Time: 10:15AM - 11:30AM

Location: Social and Behavioral Sciences, Room SBS S109

Workshop Title: **The Path Ahead**

Workshop Description: The Presidential candidates have staked out various positions on domestic and foreign policy. Despite the noise and confusion there is really nothing new under the sun. The workshop will cover many of the issues within an historical setting. The goal is to clarify the differences the American people face as we continue our extraordinary path.

Workshop Leader: Joseph Hylar

Day: Wednesday

Time: 10:15AM - 11:30AM

Location: Student Activities Center, Room SAC 302

Workshop Title: **Digesting a Good Book**

Workshop Description: Read a book. Have a lively discussion with other OLLI members in a friendly atmosphere. Examine the style and quality of the writing, the characters, the plot, the themes/problems explored and consider the what-ifs, the hows and whys as well. Members select the works of fiction or non-fiction to be "digested."

Please read Clara and Mr. Tiffany by Susan Vreeland for the first session.

Workshop Leader: Dana Geils

Day: Wednesday

Time: 12:00PM - 1:15PM

Location: Social and Behavioral Sciences, Room SBS S102

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Workshop Title: **La France D'Aujourd'hui**

Workshop Description: This workshop is geared to the intermediate level, to give French language learners additional practice in listening and speaking. We will feature French language movies and novels which we will use as the basis for discussion and vocabulary enrichment. We will occasionally include short grammar reviews. We try to speak French most of the time. Your spoken French does NOT have to be perfect: all that's necessary is a willingness to try in a very friendly and relaxing atmosphere!

Workshop Leader: Tasha Greenberg

Day: Wednesday

Time: 12:00PM - 1:15PM

Location: Social and Behavioral Sciences, Room SBS N112

Workshop Title: **The Paleo Perspective**

Workshop Description: "Is there a "caveman" buried deep inside each of us-one that we refuse to recognize? Do we have Paleolithic instincts and urgings? How much of our behavior is a vestige from our hunter-gatherer past? Humans were in fact designed to live in small communal groupings. The further away from this setting that we find ourselves, the less likely it is that our genetically governed instincts will adequately serve us. "The Paleo Perspective" explores the "Plight of Prehistoric Man in Modern Times."

Workshop Leader: Robert Decostanzo

Day: Wednesday

Time: 12:00PM - 1:15PM

Location: Wang Center, Room 201

Workshop Title: **Meditation and Mindfulness**

Workshop Description: Meditation is the perfect way to become mentally relaxed and have your body feel so comfortable. Concentration will be placed on breathing meditation while other styles will be mentioned.

Workshop information will be emailed, but paper and pen should be bought to class. There will be 30 to 45 minutes of meditation in every class.

Workshop Leader: Karen Santoro

Day: Wednesday

Time: 12:00PM - 1:15PM

Location: Social and Behavioral Sciences, Room SBS N119

Workshop Title: **Meditation and Mindfulness**

Workshop Description: Meditation is the perfect way to become mentally relaxed and have your body feel so comfortable. Concentration will be placed on breathing meditation while other styles will be mentioned.

Workshop information will be emailed, but paper and pen should be bought to class. There will be 30 to 45 minutes of meditation in every class.

Workshop Leader: Karen Santoro

Day: Wednesday

Time: 12:00PM - 1:15PM

Location: Social and Behavioral Sciences, Room SBS N119

Workshop Title: **Ten Great Composers**

Workshop Description: This workshop will focus in more detail on ten of the composers whose music we have explored in previous classical music workshops. The talented and colorful characters who created such a remarkable legacy of classical music from the late eighteenth to the early twentieth centuries lived in dramatic times, and often led unconventional lives. We will learn more about them through narrative, documentary films and by listening to examples of their best music. Beginning with Haydn and Mozart, we follow the history of classical music through Beethoven and Tchaikovsky to twentieth-century composers like Copeland and Stravinsky.

Workshop Leader: David Bouchier

Day: Wednesday

Time: 12:00PM - 1:15PM

Location: Wang Center, Room Wang Lecture Hall 2

OLLI at SBU: SPRING 2020 SCHEDULE, Catalog Version

Workshop Title: **The Art of the Short Story**

Workshop Description: Short stories are a powerful literary form. Join us as we consider context and craft in lively discussions led by group members. For the first meeting, a short-short story will be provided to read and discuss. Thereafter, two stories will be considered each week. The short story collection title will be provided before classes begin. Copies will also be available for purchase in class.

Workshop Leader: Ingeborg Kelly

Day: Wednesday

Time: 12:00PM - 1:15PM

Location: Social and Behavioral Sciences, Room SBS S104

Workshop Title: **OLLI Recreational Activity: Beginner Tennis**

Workshop Description: The Beginners tennis program is for those who have never picked up a racquet or have only played a few times before. One of the best parts of tennis is getting into a rally with another player. Our goal is to get you rallying and experiencing this joy of tennis. We want you to hit a ton of balls each class, so that you get to experience what a player being in the sport for years has felt and loved about tennis.

Workshop Leader: Staff Pro PJCC Director of Tennis

Day: Thursday

Time: 1:00PM - 3:00PM

Location: Kip Lee Park, Room Tennis Courts

Workshop Title: **Advanced Competitive Bridge**

Workshop Description: This workshop is an advanced class. Thus, the participants should have a working knowledge of several of the most common bridge conventions such as 2/1, 1 NT forcing, Stayman, Jacoby transfers, cue bids, Jacoby 2 NT, new minor forcing, Weak two-bids, 2C Strong openings, Takeout/Negative doubles, Reverses, Roman Key Cards etc.

Workshop Leader: Jothi Curcio

Day: Thursday

Time: 1:00PM - 4:00PM

Location: Setauket Neighborhood House, Room Neighborhood House RM 1

Workshop Title: **Great Getaways Within Driving Distance**

Workshop Description: Imagine learning about over 50 delightful excursions that are no more than one day away! This Powerpoint workshop will take you to six "getaways" on Long Island, in NYC and through the Hudson Valley each session. You'll see gardens, museums, ethnic neighborhoods, and leave each session with six day-long itineraries to explore.

Workshop Leader: Patricia Sommerstad

Day: Thursday

Time: 1:45PM - 3:30PM

Location: Social and Behavioral Sciences, Room SBS N119

Workshop Title: **Joy of Writing**

Workshop Description: Participants will bring brief (1-3 pages) samples of original writing for discussion and critique (constructive suggestions in a friendly and supportive atmosphere).

Workshop Leader: Mark Prendergast

Day: Thursday

Time: 1:45PM - 4:45PM

Location: Social and Behavioral Sciences, Room SBS S102

OLLI at SBU: SPRING 2020 SCHEDULE, Catalog Version

Workshop Title: **OLLI Recreational Activity: Anthony's Coal Fired Pizza**

Workshop Description: Learn how to make pizza in the famous Anthony's Coal Fire Pizza brick oven. Members will have the opportunity to learn about this history of brick oven pizza making, the ingredients used and get a chance to make your own pizza.

Workshop Leader: & Staff General Mgr.

Day: Thursday

Time: 2:30PM - 3:30PM

Location: Anthony's Coal Fired Pizza, Room Main Dining Room

Workshop Title: **OLLI Recreational Activity: Advanced Tennis**

Workshop Description: Our Advanced Tennis Programs is for players who are consistent when hitting medium-paced shots, still developing all shots, and working on better control and placement. Depth, pace and alternating to different areas are focused on. Working on hitting and receiving different speeds of shots, and getting into the best hitting zone. Net game is a work in progress.

Workshop Leader: Staff Pro PJCC Director of Tennis

Day: Thursday

Time: 10:00AM - 12:00PM

Location: Kip Lee Park, Room Tennis Courts

Workshop Title: **Line Dancing**

Workshop Description: Line Dancing for fitness and fun.

No partner necessary. Will improve memory, balance and agility.

We review all dances taught and learn new ones.

We dance to Country-Western, Motown, and International music.

Come enjoy, and feel better physically and mentally!

Workshop Leader: Marvin Karmen

Day: Thursday

Time: 11:00AM - 12:30PM

Location: Setauket Neighborhood House, Room Neighborhood House RM 1

Workshop Title: **Mah Jong: Beginners to Experts**

Workshop Description: Come play Mah Jongg! Beginners to advanced players welcome to join.

You will be sure to CRACK a laugh, DOT(e) on friends, and win with a BAM! Participants will learn the rules of the game in a fun and relaxed environment and enjoy playing Mah Jongg. All participants are required to bring a Mah Jongg Standard or Large size official playing card of 2019.

Workshop Leader: Chanie Cohen

Day: Thursday

Time: 11:00AM - 12:00PM

Location: Port Jefferson Village Center, Room Skip Jack Room

Workshop Title: **OLLI Recreational Activity: Advanced Golf**

Workshop Description: Members who are advanced in their experience when it comes to golf are encouraged to join this OLLI Advanced Golf workshop. This 4 week workshop with a maximum of 4 members per section, will elaborate and perfect the skills and techniques one needs to play golf. Grip, stance, full swing, putting, chipping, irons, drivers, etiquette and rules. This workshop will consist of in the classroom and on the green learning and experiences. Participants will be able to put the skills they've learned to good use at the beautiful Port Jefferson Country Club. Members who register for this workshop do not have to bring their own golf clubs, they will be provided.

Workshop Leader: Staff Pro PJCC Director of Golf

Day: Thursday

Time: 2:00PM - 4:00PM

Location: Port Jefferson Country Club, Room Country Club, Golf Course

OLLI at SBU: SPRING 2020 SCHEDULE, Catalog Version

Workshop Title: **OLLI Recreational Activity: Playing Lessons Golf Workshop- For Intermediate/Advanced Golfers**

Workshop Description: Members who have moderate to advanced experience when it comes to golf are encouraged to join this OLLI Playing Lesson Golf Workshop. This 4 week workshop with a maximum of 4 members per section, will perfect your skills on the green. This workshop will not have an in the classroom learning component. Participants will be able playing at the beautiful Port Jefferson Country Club. Members who register for this workshop are encouraged to bring their own golf clubs but if you do not have any they will be provided

Workshop Leader: Staff Pro PJCC Director of Golf

Day: Thursday

Time: 4:00PM - 6:00PM

Location: Port Jefferson Country Club, Room Country Club, Golf Course

Workshop Title: **DNA, Genes, and Their Societal Implications**

Workshop Description: Very significant 20th and 21st century advances in the biological sciences involved the discoveries that DNA is the genetic material, the structure of DNA, and the ability of recombinant DNA (gene splicing) techniques to modify DNA. These advances are profoundly influencing our society, particularly in medicine, agriculture, and forensics. We will consider how elegantly DNA structure implies its functions, and how the information in DNA is expressed in cells. We will then discuss how DNA can be modified, and the resultant implications for society. The workshop is aimed at non-scientists. It will be based on a series of Great Courses DVD lectures, plus the 30+ years of experience of the workshop leader in directing research in the field of molecular biology.

Workshop Leader: Carter Bancroft

Day: Friday

Time: 1:45PM - 3:00PM

Location: Wang Center, Room 201

Workshop Title: **The Press on Film**

Workshop Description: Explore the world and work of reporters, editors and visual journalists through the medium of film. Each session will feature a full-length movie or documentary about journalism accompanied by an in-depth discussion of issues and journalistic practices depicted in the film. The workshop leader is a veteran newspaper reporter, editor, columnist and journalism professor.

Workshop Leader: Mark Prendergast

Day: Friday

Time: 1:45PM - 4:45PM

Location: Wang Center, Room Wang Lecture Hall 1

Workshop Title: **Adventures in Photography and Art**

Workshop Description: Workshop members will present their work weekly for critique and discussion. Emphasis is placed on achieving an effective presentation to the maker's target audience. Not previous experience is necessary. Learning to see more intently is one of the workshop's goals.

Workshop Leader: Eric Lohse

Day: Friday

Time: 8:30AM - 9:45AM

Location: Social and Behavioral Sciences, Room SBS S102

Workshop Title: **Road To The White House**

Workshop Description: Part two of our workshop-- we will follow the primaries/caucuses from there February beginning in Iowa and New Hampshire all the way to the political party conventions during the summer of 2020. By mid-August, we will know who has emerged as the democratic team to face the incumbents - President Trump & Vice President Pence.

Workshop Leader: Kenneth Geils

Day: Friday

Time: 8:30AM - 9:45AM

Location: Wang Center, Room Wang Lecture Hall 1

OLLI at SBU: SPRING 2020 SCHEDULE, Catalog Version

Workshop Title: **Learn to Draw**

Workshop Description: This workshop is an introductory drawing class. It will start with sketching basic shapes, adding tone and shading and making use of perspective drawing. Using these skills we will then move on to sketching still life objects. A list of recommended materials (drawing pad, pencils, etc.) will be sent to participants before the first class

Workshop Leader: Richard Bova

Day: Friday

Time: 8:30AM - 9:45AM

Location: Social and Behavioral Sciences, Room SBS S109

Workshop Title: **Watercolor Studio**

Workshop Description: This Workshop is for people who have had previous experience with water-based painting and can work independently. We help each other with positive critiques of work that members choose. We continue to exchange ideas during the painting session. Member demonstrations are encouraged.

Workshop Leader: Bob Stone

Day: Friday

Time: 8:30AM - 11:30AM

Location: Social and Behavioral Sciences, Room SBS S104

Workshop Title: **Memoir Writing**

Workshop Description: You are the repository of the stories of your time. We will be both storytellers and historians. Memoir Writing is a group effort in which we support and critique one another's work, in an effort to produce memoirs worthy of preservation.

Workshop Leader: Dorothy Shannon

Day: Friday

Time: 9:30AM - 11:30AM

Location: Wang Center, Room Wang Chapel

Workshop Title: **Advanced Creative Photography**

Workshop Description: This workshop is for those who have a command of both digital cameras and photo editing software and are looking to express themselves creatively through photography. We will explore ways to enhance creativity "in camera" and in post processing, by sharing still images, original photography books, and slideshows. We will explore many forms of creative photographic expression.

Workshop Leader: Doris Diamond

Day: Friday

Time: 10:15AM - 11:30AM

Location: Social and Behavioral Sciences, Room SBS S102

Workshop Title: **Science of Natural Healing**

Workshop Description: Continuing course - Explore holistic approaches to health care and discover many natural-based treatments and methods that are both clinically proven and readily available to you. The Great Course DVD by Professor Mimi Guarneri, M.D. FACC Scripps Center for Integrative Medicine will be integrated into this class. (Activities applying the Lectures of natural healing, such as Breathing, Chair exercise, Stretching, and stress reduction will be included in each class.)

Workshop Leader: Wayne Snell

Day: Friday

Time: 10:15AM - 11:30AM

Location: Social and Behavioral Sciences, Room SBS N119

OLLI at SBU: SPRING 2020 SCHEDULE, Catalog Version

Workshop Title: **The History of of Cinema**

Workshop Description: We shall continue to examine significant events and achievements in the History of Cinema. Films are examined from the viewpoints of historic events and prevailing attitudes and cultures during the times of their production.

Workshop Leader: Merrill Heit

Day: Friday

Time: 10:15AM - 11:30AM

Location: Wang Center, Room Wang Lecture Hall 1

Workshop Title: **Physics for Citizens: The Science of Climate Change, Nuclear Power, Medicine, and Cosmology**

Workshop Description: Many high-profile issues today are best understood if you have some basic scientific background. This workshop will help build your physics background in a number of areas and apply that knowledge to a variety of issues, some of which intersect with politics. There will be an opportunity for the class to suggest topics to discuss. Both leaders are physicists, and each has experience at communicating science to non-experts without mathematics beyond high school algebra. Topics to be covered are climate change, nuclear power, weapons and medicine, modern physics, black holes and cosmology.

Workshop Leader: Gene Sprouse

Day: Friday

Time: 10:15AM - 11:30AM

Location: Wang Center, Room 201

Workshop Title: **On1 2019 Friday**

Workshop Description: In this workshop, you will be developing the skills needed to enhance your photos and make them stand out from the crowd using ON1 Photo Raw 2019. We will use it as a complete standalone photo-editor application, although it can also be a plugin to Photoshop or Lightroom. This will be the second term of a two semester workshop and will continue the subject. Attendees will be utilizing desktop computers for hands-on experience. This workshop will be 1 hr 45 min with only 15 min before and after between other classes (11:45 am - 1:30 pm).

Workshop Leader: Robert Oliva

Day: Friday

Time: 11:45AM - 1:30PM

Location: Social and Behavioral Sciences, Room SBS N123

Workshop Title: **Poetry Workshop**

Workshop Description: Participants bring in their poetry and share their work with the group. The goal is to point out the strengths of the writing with the goal of encouraging the writer to continue writing and improve their skills in writing poetry.

Workshop Leader: Geri Kaplan

Day: Friday

Time: 12:00PM - 1:15PM

Location: Social and Behavioral Sciences, Room SBS N114B

Workshop Title: **The Art of the Satirist**

Workshop Description: The targets chosen by writers of satire reveal much about the cultures that gave rise to them. Next term's reading expands to include representative satires from a variety of historical periods and nations. Among the works offered will be Voltaire's *Candide*, Mark Twain's *The Mysterious Stranger*, Aldous Huxley's *Brave New World* and Kurt Vonnegut's *Slaughterhouse 5*. Class discussion will continue to focus on literary context, writing techniques and emerging themes.

Workshop Leader: Anita Edwards

Day: Friday

Time: 12:00PM - 1:15PM

Location: Social and Behavioral Sciences, Room SBS S102

OLLI at SBU: SPRING 2020 SCHEDULE, Catalog Version

Workshop Title: **Medicine and Morals: Your Jewish Guide Through Life's Tough Decisions**

Workshop Description: No easy questions. No easy answers. Medicine and Morals, is your chance to get real with the subject of medical ethics-discuss actual case histories, and get a sense of direction to weather the toughest challenges you'll ever face.- A man wonders if his dying father should remain on life support.

Workshop Leader: Shalom Cohen

Day: Friday

Time: 12:00PM - 1:15PM

Location: Wang Center, Room Wang Lecture Hall 1

Workshop Title: **Jazz Singers & The Great American Song Book**

Workshop Description: The great American songbook refers to the wonderful tunes and lyrics of the composers of the past and present. Many of us listened to the music of Cole Porter, George Gershwin, Jerome Kern and many others while growing up. In this class we get to see and hear how some of our great Jazz singers both new and old sing these songs. Billy Holiday, Sarah Vaughn, Johnny Mercer, Diana Krall are just a few of the great jazz artists we will listen to and see (via YOU TUBE). Join us and see and hear for yourselves what made these tunes and singers great.

Workshop Leader: Martin Rubenstein

Day: Friday

Time: 12:00PM - 1:15PM

Location: Social and Behavioral Sciences, Room SBS N119

Workshop Title: **The History of World War I**

Workshop Description: Join me as we continue our discussion of World War I. During the Spring semester, we will delve into the major events of 1917 including America's entry into the War, the Russian Revolution, and the mutiny of the French Army. In addition, the major personalities of that year will be touched upon.

Workshop Leader: Paul Knel

Day: Friday

Time: 12:00PM - 1:15PM

Location: Wang Center, Room 201

Workshop Title: **Stained Glass Workshop**

Workshop Description: This workshop is recommended for those who already have experience with the basic skills of cutting, grinding and soldering. It is a cooperative learning environment where members help one another to improve their techniques, sharing ideas, and suggestions

Workshop Leader: Diane Streuli

Day: Friday

Time: 12:00PM - 3:00PM

Location: Social and Behavioral Sciences, Room SBS S109

Workshop Title: **Tai Chi**

Workshop Description: Although especially great for arthritis, Tai Chi for Arthritis is an evidence-based falls prevention program that uses the principles and movements of Tai Chi in helping senior citizens improve their balance and increase their confidence in doing everyday activities. Tai Chi classes are led by a trained and certified instructor, the class meets twice a week, 60-minute sessions, for 8 weeks. This session meets from 12 pm - 1 pm. Participants must be committed to attending at least 12 of the 16 class sessions, but attendance at all 16 classes is preferred. Attendance during week one is mandatory for participation due to safety reasons. This program is offered through Stony Brook Trauma Center on behalf of the NYS Department of Health Older Adult Fall Prevention Program.

Workshop Leader: Kristi Lyn Ladowski

Day: Wednesday, Friday

Time: 12:00PM - 1:00PM

Location: Port Jefferson Village Center, Room Sail Loft Room