

OLLI at SBU Spring 2025 Schedule

Semester Start: 2/10/25 | Semester End: 5/2/25

Workshops not in session during Spring Break: 3/17/25 - 3/21/25

On the schedule, please pay careful attention to the color coded key which indicates the format of the workshop:

Key: **Zoom** | **In Person** | **Hybrid**

**PLEASE CHECK THE [CANCELLATION DOCUMENT](#) EACH DAY BEFORE COMING TO CAMPUS FOR
*CANCELLATIONS/ NOT IN SESSION /ROOM CHANGES***

Table of Contents

Monday	2
Tuesday	3
Wednesday	4
Thursday	5
Friday	6

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Monday					
8:30 - 9:45 AM	OLLI Common Hour: Events, lectures, and meetings will be held at this time to avoid conflicts with workshops.				
10:15 - 11:30 AM	The Twilight Zone Continues Robert Mirman & Jay Zuckerman Dates: 2/10 - 4/28 Number of Sessions: 11 LOCATION: SAC 306	Let's Play Chess Dan Sherry & Carlos de los Santos Dates: 2/10 - 4/28 Number of Sessions: 11 LOCATION: SBS S102	History Through Literature Joseph Napolitano, Laura Filipino & Judy Albano Dates: 2/10 - 4/28 Number of Sessions: 11 LOCATION: SBS N119	Poetry Workshop Geri Kaplan & Bob Stone Dates: 2/10- 4/28 Number of Sessions: 11	The Mystery Novel as Literature: the History of the Mystery Tasha H Greenberg Dates: 2/10- 4/28 Number of Sessions: 11
12:00 - 1:15 PM	Mysteries of Human Evolution Larry Wilson Dates: 2/10 - 4/28 Number of Sessions: 11 LOCATION: SBS N119	Introduction to the Macintosh Computer Frank De Rubeis Dates: 2/10 - 4/28 Number of Sessions: 11 LOCATION: SBS S104	Basic Natal Astrology Annette Napolitano Dates: 2/10 - 4/28 Number of Sessions: 11 LOCATION: SBS S109	Current Events Len Farano Dates: 2/10- 4/28 Number of Sessions: 11	A Celebration of Rock and Soul Music Bob Hayes & Susan Steinmann Dates: 2/10- 4/28 Number of Sessions: 11
1:45 - 3:00 PM	Not in session 4/7, 4/21, 4/28 Adolescent Literature for Adults Ellen Perz Dates: 2/10 - 4/28 Number of Sessions: 8 LOCATION: SBS S102	Meditation and Mindfulness Karen Santoro Dates: 2/10 - 4/28 Number of Sessions: 11 LOCATION: SBS S104	Exploring the Metropolitan Museum of Art Angela Bari Dates: 2/10 - 4/14 Number of Sessions: 9 LOCATION: Student Union Auditorium	New York Times Science Seminar Bonnie Marks & Allen Sachs Dates: 2/10 - 4/28 Number of Sessions: 11 LOCATION: SBS N119	Wouldn't You Like to Know? Bruce Stasiuk Dates: 2/10- 4/28 Number of Sessions: 11
3:30 - 4:45 PM	OLLI Common Hour: Events, lectures, and meetings will be held at this time to avoid conflicts with workshops.				



STONY BROOK UNIVERSITY

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Tuesday					
8:30 - 9:45 AM	American Foreign Policy Martin Levinson Dates: 3/4- 4/29 Number of Sessions: 8				
10:15 - 11:30 AM	Chakra Awakening: Dynamic Solutions for Conscious Living Samarpini Nithya Dates: 2/11 - 4/8 Number of Sessions: 8 LOCATION: S104	On Being Human Bob DeCostanzo Dates: 2/11 - 4/29 Number of Sessions: 11 LOCATION: SBS N119	Outsmarting Antisemitism: How to Beat it with Purpose, Positivity and Jewish Pride Rabbi Shalom Ber Cohen Dates: 2/11 - 4/29 Number of Sessions: 11 LOCATION: ZOOM & SBS S102	Yoga 101 Denise Teague Dates: 2/11- 4/29 Number of Sessions: 11	Catullus, Roman poet of passion Thomas Hayes Dates: 2/11- 4/29 Number of Sessions: 11
12:00 - 1:15 PM	Shakespeare Uncovered: The Tragedies Michael LoMonico Dates: 2/11 - 4/29 Number of Sessions: 11 LOCATION: Student Union Auditorium	A Journey Into the Great Divide of Human Consciousness Anthony A. Esposito Dates: 2/11 - 4/29 Number of Sessions: 11 LOCATION: SBS S102	Scientific Breakthroughs in Western History Carter Bancroft Dates: 2/18 - 4/15 Number of Sessions: 8 LOCATION: SAC 302	Not in session 2/25 The Scarlet Letter: The Story of "A" Amy Benjamin Dates: 2/11 - 4/29 Number of Sessions: 11 LOCATION: SBS N119	American Plays Irma & Sol Gurman Dates: 2/11- 4/29 Number of Sessions: 11
1:45 - 3:00 PM	*1:00 - 4:00 PM* Duplicate Bridge Arnie Fox & Sherry Shore Dates: 2/11 - 4/29 Number of Sessions: 11 LOCATION: Research & Dev Pk, Building 17, Room 109	Not in session 4/1 *1:45 - 4:00 PM* So You've Always Wanted to Act - Scene Two Debbie Starker Dates: 2/11 - 4/29 Number of Sessions: 10 LOCATION: SBS S109	Behavioral Neurosciences Amazingly Simplified: Don't Retire! ReWire! Refire! Paul Mohan Dates: 2/11 - 4/29 Number of Sessions: 11 LOCATION: ZOOM & SBS S102	*1:45 - 4:00 PM* Watercolor for Beginners and Intermediates Paula Pelletier Dates: 2/11- 4/29 Number of Sessions: 11	Understanding Opera Irma & Sol Gurman Dates: 2/11- 4/29 Number of Sessions: 11
3:30 - 4:45 PM					



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Wednesday

8:30 - 9:45 AM	* 8:30 - 11:30 AM * Watercolor Studio Bob Stone & Dorothy Sterrett Dates: 2/12 - 4/30 Number of Sessions: 11 LOCATION: SBS S104	Ici on Parle Francais Catherine McDonnell Dates: 2/12 - 4/30 Number of Sessions: 11 LOCATION: SBS S109	"What if you could not decide" How to make sure Advance Care planning is part of wellness Nadya Dimitrov Dates: 2/12, 3/12, 4/9, 4/30 Number of Sessions: 4 LOCATION: SBS S102		
10:15 - 11:30 AM		Women You Should Know: A Focus on the Arts Ella Nyc, Mary Hance & Fran Leiboff Dates: 2/12 - 4/9 Number of Sessions: 8 LOCATION: SAC 302	Conversational French Catherine McDonnell Dates: 2/12 - 4/30 Number of Sessions: 11 LOCATION: SBS S109	Working with Digital Images for People Who Don't Know a Damned Thing About Them Michael Boren Dates: 2/12 - 4/30 Number of Sessions: 11 LOCATION: SBS S102	Aging Seamlessly: Attitude Passion Purpose Linda Mazza Dates: 2/12 - 4/9 Number of Sessions: 8 LOCATION: SBS N119
12:00 - 1:15 PM	Composition in the Visual Arts James Kelson Dates: 2/12 - 4/30 Number of Sessions: 11 LOCATION: SBS S104	Am I My Father's Son? Peter Akras Dates: 2/12 - 4/30 Number of Sessions: 11 LOCATION: SBS S109	Poetry Out Loud Florence Mondry Dates: 2/12 - 4/30 Number of Sessions: 11 LOCATION: SBS S102	Original Star Trek - Beyond the Final Frontier Peggy and Bob Oliva Dates: 2/12 - 4/30 Number of Sessions: 11 LOCATION: SBS N119	Forensic History:Crimes, Frauds and Scandals Ed Cohen Dates: 2/12 - 4/30 Number of Sessions: 11 LOCATION: Student Union Auditorium
1:45 - 3:00 PM	Mindfulness Made Easy Edward Schechtman Dates: 2/12 - 4/30 Number of Sessions: 11 LOCATION: SBS S102	How the Universe Works Robert Bari & Angela Bari Dates: 2/12 - 4/9 Number of Sessions: 8 LOCATION: Student Union Auditorium	Great Short Stories: William Trevor part 2 Joe Perlman Dates: 2/12 - 4/30 Number of Sessions: 11 LOCATION: SBS S104	Digesting a Good Book Dana Geils Dates: 3/26 & 4/30 Number of Sessions: 11	
3:30 - 4:45 PM	OLLI Common Hour: Events, lectures, and meetings will be held at this time to avoid conflicts with workshops.				

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Thursday

8:30 - 9:45 AM	<p>Not in session 2/20, 4/17</p> <p>Chemistry Basics Debra Pastore Dates: 2/13- 5/1 Number of Sessions: 9</p>					
10:15 - 11:30 AM	<p>The Theory of Reincarnation and Its Sources, Part 2 Gregory Alexander Dates: 2/13 - 5/1 Number of Sessions: 11 LOCATION: SBS N119</p>		<p>Canva for Beginners- Part 2 Pam O'Brien & Nancy Pally Dates: 2/13 - 4/10 Number of Sessions: 8 LOCATION: SBS S104</p>	<p>The History of Native North Americans - Their Long Journey to Long Island John Gobler Dates: 2/13- 5/1 Number of Sessions: 11</p>	<p>Tragic Theater Arthur Bernstein Dates: 2/13- 5/1 Number of Sessions: 11</p>	
12:00 - 1:15 PM	<p>Not in session 4/17</p> <p>Español: presente, pasado y futuro Anahi Walton Schafer Dates: 3/6 - 5/1 Number of Sessions: 7 LOCATION: SBS S104</p>	<p>* 10:15 AM - 3:00 PM *</p> <p>Stained Glass Workshop Susan Vlahakis, Diane Streuli & Linda Hamatz Dates: 2/13 - 5/1 Number of Sessions: 11 LOCATION: SBS S109</p>	<p>Casual Cards and Games Mary and Scott McMullen Dates: 2/13 - 5/1 Number of Sessions: 11 LOCATION: SBS S102</p>	<p>Writing Poetry Through Reading Poetry Gracie Panousis Dates: 2/13 - 5/1 Number of Sessions: 11 LOCATION: SBS N119</p>	<p>Not in session 2/27, 4/10</p> <p>Now That's Entertainment! Jeff Hollander, Diane Hollander & Larry Fein Dates: 2/13- 4/24 Number of Sessions: 8</p>	
1:45 - 3:00 PM	<p>* 1:00 - 4:00 PM *</p> <p>Basic beginning bridge Linda Good & Merna Avril Dates: 2/13 - 5/1 Number of Sessions: 11 LOCATION: Research & Dev Pk, Building 17, Room 109</p>		<p>Not in session 2/27, 3/13, 4/3, 4/17</p> <p>Reimagine your garden, Rethink your practices Anahi Walton Schafer Dates: 2/20 - 5/1 Number of Sessions: 6 LOCATION: SBS S104</p>	<p>Science of Natural Healing Wayne Snell Dates: 2/13 - 5/1 Number of Sessions: 11 LOCATION: ZOOM & SBS N119</p>	<p>* 1:45 - 4:45 PM *</p> <p>Writers at Work (previously named "The Craft of Writing") Amy Benjamin & Mary Ann Sommerstad Dates: 2/13- 5/1 Number of Sessions: 11</p>	<p>A Survey of Enjoyable Music: Baroque era to the present Fred Friedberg Dates: 2/13- 5/1 Number of Sessions: 11</p>
3:30 - 4:45 PM		<p>Advanced Fiction Salon Ada Graham & Joe Perlman Dates: 2/13- 5/1 Number of Sessions: 11</p>	<p>SOPHIE'S WORLD: A PHILOSOPHICAL NOVEL (Part Two) Richard Hart Dates: 2/13- 5/1 Number of Sessions: 11</p>			



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8:30 - 9:45 AM	Adventures in Art and Photography Eric Lohse Dates: 2/14- 5/2 Number of Sessions: 11	Not in session 2/28, 3/7 What's All this I Hear About Free Things From Google? Thom Brownworth Dates: 2/14- 5/2 Number of Sessions: 9			
10:15 - 11:30 AM	World War 2 Paul Knel Dates: 2/14 - 5/2 Number of Sessions: 11 LOCATION: Student Union Auditorium	Italian Journeys: The Road as Metaphor and Symbol in Italian Cinema Michael LoMonico & Andrea Fedi Dates: 2/14 - 4/11 Number of Sessions: 8 LOCATION: TBD	* 9:30 - 11:30 AM* Memoir Writing Dorothy Schiff Shannon Dates: 2/14- 5/2 Number of Sessions: 11	Creative Photography Doris Diamond Dates: 2/14- 5/2 Number of Sessions: 11	Drawing Workshop Richard Bova Dates: 2/14- 5/2 Number of Sessions: 11
12:00 - 1:15 PM	Op-Ed, Your Opinion of Their Opinion Ken Buxbaum & William Russell Dates: 2/14 - 5/2 Number of Sessions: 11 LOCATION: Student Union Auditorium	Not in session 2/28, 3/7 What's All this I Hear About Free Things From Google? Thom Brownworth Dates: 2/14 - 5/2 Number of Sessions: 9 LOCATION: SBS S104	ON1 2024 Photo Editing Hands-On Bob Oliva Dates: 2/14- 5/2 Number of Sessions: 11	Great Books Anita Edwards Dates: 2/14- 5/2 Number of Sessions: 11	
1:45 - 3:00 PM	Not in session 2/28 * 1:45 - 4:45 PM RIGHTS, CAMERA, ACTION! Tony Parlatore & Laura Joseph Dates: 2/14 - 5/2 Number of Sessions: 10 LOCATION: Student Union Auditorium				
3:30 - 4:45 PM		The Irrational Mind Bob DeCostanzo Dates: 2/14- 5/2 Number of Sessions: 11			