



STONY BROOK UNIVERSITY

OLLI at Stony Brook University

Summer 2024 Workshop Catalog

Registration Period: 4/1/2024 - 5/1/2024

Summer Semester: 6/3/2024 - 7/26/2024

OLLI offers workshops that are designed for retired and semi-retired individuals who are interested in expanding their intellectual horizons in a university setting. OLLI workshops cover every possible genre you can imagine and are led by current OLLI members who volunteer their time.

All information provided in this document is subject to change.

The most up to date information can be found on the registration website.



**STONY BROOK
UNIVERSITY**

Locations:

On campus:

- **SBS:** Social and Behavioral Sciences Building
- **Wang Center**
- **SAC:** Student Activities Center
- **Student Union**
- **Bauman Center**
- **Building 17**

Campus Map can be found at [this website](#).

Off campus:

PJVC: Port Jefferson Village Center

Workshop Formats:



Hybrid: These workshops will be held in person and on Zoom simultaneously, with the workshop leader conducting the workshop from the Stony Brook campus. At the time of registration, members will have the option of registering for either the in person section or Zoom section of the workshop.



In Person: Members will come to the Stony Brook campus or select off campus locations to attend these workshops.



Zoom: Members will attend these workshops virtually on Zoom.

Abbreviations:

D/T: Day/Time



Yoga 101

Led by: Denise Teague

Yoga 101 welcomes all, including those who are new or have little experience with yoga. We will focus on the basics of yoga at a pace that is not overwhelming and in an environment that is safe, welcoming, and non-judgmental. Students....*

D/T: **Tuesday 10:15 - 11:30 AM**

Location: **Zoom**
Sessions: **8**



All About Your Drinking Water

Led by: Stephen Jones



Enough drinking water to go around? We'll look at the whole planet and then drill down to exactly where we live, to learn about the origins and many issues surrounding our water supply.

D/T: **Wednesday 01:45 - 03:00 PM**

Location: **SBS N119**
Sessions: **7**



7 Chakra Blossoming Workshop



Led by: Nithya Samarpini

Join the 7 Chakra Blossoming Workshop and embark on a transformative journey towards inner growth and self-awareness. Through group meditation sessions, explore the profound impact of meditation, accessible to everyone, regardless of age, culture, or*

D/T: **Wednesday 12:00 - 01:30 PM**

Location: **Union Rehearsal Room**
Sessions: **7**



Movement Through Dance



Led by: Gracie Panousis

Movement through Dance is a gentle way to keep your body active. We will use mostly music from the 60's and 70's as our backdrop, but not disregard more current genres. Additionally, we will explore various styles of dance, from the cha cha to line dancing and even hiphop....*

D/T: **Thursday 10:15 - 11:30 AM**

Location: **Union Rehearsal Room**
Sessions: **6**



A Journey Into the Great Divide of Consciousness

Led by: Anthony A.
Esposito



The Great Divide, the Explanatory Gap, The Hard Problem of Consciousness. Familiar terms used to describe the “gap” between the subjective and objective world of our experience. While mid-twentieth-century split-brain research identified separate....*

D/T: **Tuesday 12:00 - 01:15 PM**

Location: **SBS S104**

Sessions: **8**

Science and Philosophy

***READ MORE:** www.campusce.net/stonybrookolli



A Slow Read of a Big Book

Led by: Joseph Perlman & Ada Graham



"Do the 'big' novels sit on your bookshelf unread? You know--the books with the big spines that shout to you that they are NOT 'quick reads.'

This summer, tackle the approximately 600 pages of Angle of Repose, which most critics...*

D/T: Tuesday 01:45 - 03:00 PM

Location: **SBS S102**
Sessions: **8**



The Mystery Novel as Literature

Led by: Tasha Greenberg & Diane Fischer

Using PowerPoint presentations, movies, and TV productions, we will continue our examination of this appealing branch of literature with several works, including police procedurals, detective stories, crime thrillers, forensics, and true crime. We will include popular authors...*

D/T: Wednesday 10:15 - 11:30 AM

Location: **Zoom**
Sessions: **3**

Literature and Writing



Roman Propaganda Through Epigraphy

Led by: Thomas Hayes

This workshop will examine writing found on marble slabs or whitewashed walls, which give us some insight into the approach to advertising, commemorating, or aggrandizing the lives and feats of Romans. Latin will be presented, but all examples will be translated...*

D/T: **Wednesday 10:15 - 11:30 AM**

Location: **Zoom**

Sessions: **7**

***READ MORE:** www.campusce.net/stonybrookolli



**THE SUPREMES
GREATEST HITS (The
Court, NOT the
Group!)**

Led by: Tony Parlatore

We will discuss cases heard and decided by SCOTUS, with a historical background of prior decisions on point. The current Court term will be ending during the running of this workshop and the decisions will be announced, so expect to participate in some lively discussions! We....*

D/T: Thursday 10:15 - 11:30 AM

Location: **Union Auditorium**

Sessions: **7**



Duplicate Bridge

Led by: Arnie Fox & Sherry Shore

We will continue to enhance our bridge skills in a duplicate environment. Participants should have knowledge of conventions and techniques from previous semesters. Contact either workshop leader if you are unsure whether this workshop is appropriate for you....*

D/T: **Tuesday 01:00 - 04:00 PM**

Location: **TBD**
Sessions: **8**



Casual Cards and Games - Summer Fun

Led by: Scott McMullen & Mary McMullen

Casual Cards and Games - Open Play is open to individuals who have taken this workshop before and newcomers alike. This session will feature one or more games per class from past sessions of this workshop. Participants, both experienced and new, will play the games. Less....*

D/T: **Thursday 12:00 - 01:15 PM**

Location: **SBS N119**
Sessions: **4**

Games and Leisure

*READ MORE: www.campusce.net/stonybrookolli



OLLI Registration Checklist - Summer 2024

Before Registration 3/22/24 - 3/31/24	<input type="checkbox"/> Review the OLLI workshop catalog and schedule.
Registration Request Period Open 4/1/24 -1/5/24	<input type="checkbox"/> Create an account or sign in to your existing account on the OLLI registration website .
	<input type="checkbox"/> Review all membership options and in person, hybrid and Zoom workshop offerings.
	<input type="checkbox"/> Select and purchase your OLLI membership.
	<input type="checkbox"/> Request all of the workshops you are interested in. <ul style="list-style-type: none"> o You can request up to 6 in person workshops, including in person sections of Hybrid workshops o You can register for unlimited Zoom workshops <input type="checkbox"/> Prioritize your in person workshop requests before 5/1/24 .
Registration Request Period Closes 5/1/24	<input type="checkbox"/> You must request in person workshops by this date to be included in the Lottery.
Lottery 5/1/24 - 5/7/24	<input type="checkbox"/> Check your email to learn which workshops you were successfully registered for during the Lottery.
Registration Re-Opens 5/8/24 - 5/15/24	<input type="checkbox"/> Return to the registration website, login to your account and register for any in person workshops with seats remaining, on a first come, first served basis.
Registration Closes 5/15	<input type="checkbox"/> You must register for workshops by this date to participate in the Spring semester.
Schedules Distributed 5/20 - 5/27	<input type="checkbox"/> Check your email for a copy of your schedule and the links to all Zoom workshops.
Summer Semester Start 6/3/2024	<input type="checkbox"/> The Summer 2024 semester begins!

For More Information on Registering for OLLI at SBU Visit:

www.campusce.net/stonybrookolli