

STONY BROOK HEIGHTS

ROOFTOP FARM

BENEFIT & FARM-SIDE COOKING CLASS!



THURSDAY SEPTEMBER 14, 2017 4:30-7:30 PM
LEVEL 3 HEALTH SCIENCE CENTER – OUTSIDE DECK



ON THE MENU

PAN-SEARED CRISPY SALMON, SAUTEED FRESH VEGETABLES & QUINOA SALAD
Raffles, Crushed Olive Taste Testing, Nutrition Hot Topics Q&A and more!

FEATURING:

Patrick Moran, MS, RD



Patrick is a chef and clinical nutritionist, currently providing nutrition therapy for patients at Huntington Hospital. He is an alumnus of the Stony Brook University Dietetic Internship and Graduate Nutrition Programs. He earned his BS at Johnson & Wales for Culinary Nutrition, where he combined his passion for food and healthy eating. Patrick dedicated a year of service to AmeriCorps and taught families in the South Bronx and Washington Heights how to cook affordable healthy meals. He has also worked as a professional cook in several restaurants and hotels.

Register at Health Connect: 631-444-4000
Questions? Email Sharon.schmidt@stonybrookmedicine.edu

\$50/person Cooking Class - 1st 20 to sign-up
\$20/person to observe and taste test

Please make checks payable to:
Stony Brook Foundation (memo: 229510)

ALL proceeds benefit the Stony Brook Heights Rooftop Farm!

Hosted by: SBUH Clinical Nutrition Department and
Department of Family, Population & Preventive Medicine
Nutrition Division